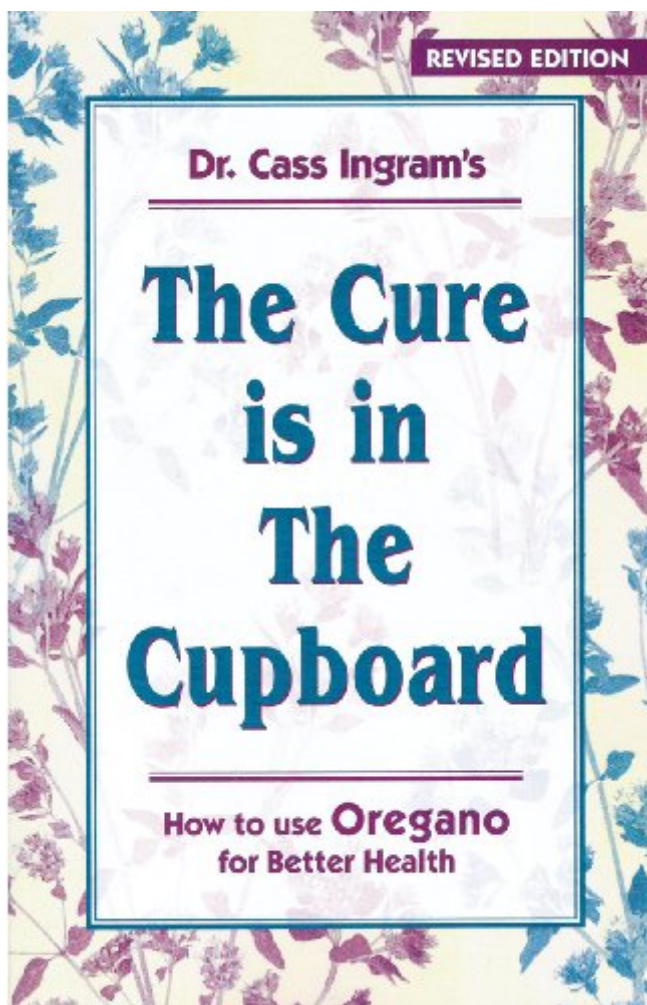


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# The Cure Is In The Cupboard (Revised Edition)



## Synopsis

The Cure is in the Cupboard. Oregano is a medicine chest in a bottle. Learn how oregano can reverse numerous ailments, save you money on doctors bills, reduce risk of infection, eradicate chronic pain, stop headaches, eliminate muscle aches and much more. Defend your body against killer infections with the most powerful herbal remedy available. Legal DisclaimerThis statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

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## Customer Reviews

You can look no further. And, you can believe the information in this book. I am still a work in progress but I have no doubt I will reach wellness as I am 75% better in just one month. Yes, just one month.I had a sinus infection that seemed to last for over two years. I would go to the doctor. He would prescribe antibiotics and it would seem to push it back a little, only for it to come raging back worse than it was. This went on and on. I went to an ENT. No help there either.In the fall last year all the antibiotics the Doctors prescribed tanked my colon and I ended up with IBS/Colitis. And of course the dreaded colonoscopy which came back clear. Here I was again with not only the sinus

infection but destroyed gut flora. I tried several kinds of probiotics and none completely fixed that new nightmare. So now I was a complete mess with no where to turn. And, with an overgrowth of Candida that was as miserable as anything I have ever experienced.....next stop, Candida remedies that did NOT work. Nor did Diflucan or Nystatin. By the way, Diflucan will ruin your liver! What a bonus!! I did my homework. And, by some miracle landed on Dr Cass Ingram. I am so thankful for this book and the products I ordered from the North American Herb & Spice Company. I only wish I had known of Dr Cass Ingram and Oreganol P73 two years ago....or for all my life actually. I took the Oreganol under the tongue (two drops) daily and saw slow improvement. Watched and memorized his youtube videos for direction and it was on. I ordered the Purge with the Oreganol Juice and continued the P73 drops. Whatever was inside me....I was going to kill it. It was either that or I knew it was going to eventually kill me. I started this on September 1st 2016. And I have done it daily and added more products with the others. Chaga!!! Yes to Chaga!!! had been to two different PC's, and ENT, a gastro doc, an allergist and a lung specialist. NOT one of them gave me anything to help me. In fact they tried to put me on Steriod inhalers. Ummmm that would be a big NO. I knew I did NOT have Asthma. Today my sinus infection is almost no existant....I am still working on it. My gut has almost completely healed and the Candida is pushed back. (I will still have to work on my gut and the Candida for a while as it was so bad) I did this by following his instructions and using Oreganol. Not oil of Oregano.....Oreganol P73 and the products that go with it. I certainly hope you read this book and watch Dr Ingrams youtube videos....and then add P73 to your medicine cabinet. It will help you in ways you'll never believe. I still don't know exactly what was wrong with me. What I suspect is a ruined gut that allowed fungus and candida to take over and make me very ill. I will continue to stay the course for many more months. There is no way I would stop now as I have come to far in just a month. Upper respiratory problems are almost always FUNGAL....and Oreganol will put that stuff in check. You may not believe this review. I can assure you I paid FULL price for the book, and the products I ordered on . And I spent hours studying what Dr Ingram had to say.....have read this book now three times to make sure I didn't miss anything.....even took notes!! I was so sick. But, I am healing now. I wish I could meet Dr. Cass Ingram in person to thank him for the information he is providing to anyone who will take the time to read it or listen to him. He knows. He cured himself of a terrible crisis of illness when he was young and has healed himself of Lyme as well. This may be the best thing you've ever read if you are sick and cant seem to get to the bottom of it with mainstream doctors..... for over 8 months it seemed all I did was go from one doctor to the next. They did 3 c-scans, 1 MRI, blood work monthly, several xrays.... I am going to have to detox from the radiation they have filled my body with....and NAH&S has something for that too. I

hope you find this review helpful. And I hope you are able to find help in this book as I have. Again...its only been 34 days but I am already 75% better. Good Luck! started with Oreganol P73.

Excellent book with detailed information . Easy to read. I went to the vitamin shoppe and bought the Oreganol gel caps, oil and spray. Be healthy, take dr. Ingram's high quality oil.

Zane Hellas Oregano Oil Softgels. Concentrate 4:1 Provides 107,5 mg Carvacrol per Serving. Pack of 60 Softgels- Capsules Oil of Oregano. Very interesting book that is packed with info on the qualities of Oregano oil and its medicinal impact. I had a MRSA UTI that I developed after a kidney stone operation, along with blood clots that impacted my Saphenous Vein from my foot all the way to my groin. I was placed on a blood thinner for the blood clots and antibiotics for the MRSA. I was unable to get rid of the MRSA UTI after a number of treatments with antibiotics, and the MRSA UTI reared its ugly head within three days of finishing a treatment. The antibiotic treatments consisted of: 7 days with negative results, another 7 days, also with negative results, 10 days, then one month, all with negative results. Then I was put on a 6 week treatment plan. After the 10 day treatment plan I did a lot of research on MRSA and what others have done to get rid of it. About halfway through the 6 week treatment with antibiotics, I decided to also add herbal supplements. The daily herbal supplements included: One 500 mg Zane Hellas Oregano Oil Softgel, Nature's Bounty 1000 mg Garlic Softgel (up to 4 per day), One 252 mg Cranberry Concentrate, Extra Strength Softgel, and one Island Miracle, Ultra 30 Probiotics tablet to offset the negative side effects of the antibiotic. It is amazing that doctors don't prescribe oregano oil softgels along with the antibiotic; as the antibiotic is UNABLE to penetrate the outer membrane of the MRSA bacteria, whereas the oregano oil can penetrate the membrane, and the oregano oil has been proven to destroy MRSA, and other bacteria, fungus and a slew of other pathogens which succumb to the antibiotic effect of oil of oregano; such as salmonella, E Coli, listeria, pseudomonas and molds. The federal government tested oil of oregano to disprove its effectiveness, and found instead that oil of oregano killed every germ it was tested against. I don't understand why doctors are incapable of understanding that they are prescribing medicine that has limited effect on nasty bacteria, microbes and other pathogens. Not all oil of oregano is created equal. This book, the Cure is in the Cupboard, recommends Oregamax and Oreganol made by North American Herb and Spice Company. During my own research, I found Zane Hellas Oregano Oil Softgels with a minimum of 86% Carvacrol per 500 mg softgel, which is 125 mg of oregano oil and 107.5 mg Carvacrol. Zane Hellas Oregano Oil is made from the Wild Oregano plants that grow in the mountains of the Mediterranean, which contain

the highest levels of Carvacol, and it is processed by steam distillation without the presence of solvents, preservatives or other additives. Zane Hellas ships its Oregano Oil direct from Greece. I ended my 6 week treatment of antibiotics and herbal supplements 5 days ago. I have only been able to go 2-3 days previously with the MRSA rearing its ugly head again. Hopefully the Oil of Oregano has done its job and has finally destroyed the MRSA bacteria. All herbal supplements, and the book, were purchased from . I will update.

One of the best books you will ever read in terms of cures for health. It is all about ONE product: oil of oreganol by North American Spice Company. The product is a miracle and does small things like stop colds from even starting, and big things like shrink tumors ( it is available on and just go and read the reviews.) I travel a lot and never leave without this product and once you read this book you will understand why! Buy it!

This book is full of very useful and helpful information. It is a great book that promotes the use of Oil of Oregano, and how to rid yourself of many common ailments with regular use.....I highly recommend this book for folks interested in eliminating constant trips to the doctor, with the use of Oil of Oregano.

I guess better health is a hobby for me. I love to look at different angles on wellness and this gives that angle. We have not tried the information in the book, but I have several items on order to give it a try. I will admit - I have tried some things that are a little out of the ordinary, but just this morning, my husband thanked me for all I have done that has resulted in him feeling much better. Hopefully the information obtained from this book will continue to help us gain better health. I know drug companies spend millions of dollars to create synthetic versions of the real, natural products and those synthetic drugs have so many side effects that it is scary. Why not just try the "real" thing. I guess this is why lobbyist are spending so much money in our government to get supplements and natural products declared illegal.

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